

SEABREEZE GYMNASTICS CAMP

2018

Dates:

Week 1 - June 18-21

Week 2 - August 6-9

Time:

11:00am - 2:00pm

Cost:

\$65 *with current* Boys & Girls Club
Membership

\$80 *without current* Boys & Girls Club
Membership

Eligibility:

Grades 1-8 boys and girls

Camp Description:

As Camp Coaches we want to teach the fundamentals of gymnastics along with the importance of stretching and warming up as well as introduce them to the vault, uneven bars, balance beam, and floor exercise. All participants will receive a certificate on the final day of camp.

Camp Director:

All coaches are Safety Certified with USAG and have USAG Coaching Cards.



BOYS & GIRLS CLUB
Of Southwestern Oregon

**Camper Must Provide:**

Gymnastics type clothes or athletic type clothing should be worn. No belts or ties on shorts or pants and no jewelry please. Hair must be up away from the child's face.

Discipline: Campers are expected to follow Boys & Girls Club rules as well as rules of Gymnastics Plus.

Coaches may dismiss campers that violate the rules at any time. No refunds will be given for those sent home for disciplinary reasons.

Cancellations: A \$10 fee will be charged if cancelled prior to first day of camp and partial refunds will be made for medical reasons.

Application and Payment:**Mail to:**

Boys & Girls Club of Southwestern
Oregon Seabreeze Gymnastics Camp
PO BOX 1082
Coos Bay, OR. 97420

PLEASE BRING A WATER BOTTLE. A
HOT LUNCH IS PROVIDED OR
BRING YOUR OWN.