

Boys & Girls Club Junior Tennis Team



The purpose of the Boys & Girls Club Junior Tennis Team is to improve your tennis game for:

- Tournaments
- High School Season
- More joy from your game
- Improve your chance for college scholarship

When will we start?

Boys & Girls Club Junior Tennis Team will be starting Monday, June 19, 2017 4:30pm – 6:30pm
Coaches will evaluate players during the first week to place them at their appropriate level of play.

When will we meet?

Training will be two times per week –Advanced on Mondays, Wednesdays; Intermediate on Tuesdays, Thursdays both with Match Play on Fridays.

Boys & Girls Club Junior Tennis Team times will be assigned after evaluation.

What will we do?

Boys & Girls Club Junior Tennis will focus on fun, high intensity training designed to create and improve tennis fundamentals and to improve all aspects of your tennis game including:

- Stroke Development
- Increased Power & Control
- Physical Conditioning, Footwork & Agility Practice
- Strategy
- Mental Toughness

All this will happen in a supportive, positive environment designed to improve the FUN FACTOR of your Sport!

What is the cost and what does it include?

Cost will be \$90.00/June; \$180/July; \$180/Aug (Plus an annual Boys & Girls Club membership fee of \$15)
This includes two training sessions and match play per week each month (~\$15/2 hour session)

What is the obligation to the team?

Dues are payable at the beginning of every month before practices start.

As part of a team, attendance is important. If unable to attend a workout, please let the coach know.

To participate in this program players must be 12 or older, unless approved by a coach.

A minimum of 5 players per level required.

Make checks payable to Boys & Girls Club

Questions: call the Tennis Center 541-269-2475

Registration forms are available at the Club office or the Tennis Center office.

